Spring Education Series

Join the Alzheimer's Association for a special collection of caregiver education programs. We'll offer one of our programs, followed by a presentation on a special topic and a Q&A session. Each program is 90 minutes long and presented virtually using Zoom. You do not need to participate in each program. More information at **alz.org/newyork**.

Date	Time	Program
April 1	Noon	**Making the Most of Your Telehealth Visit** and **COVID-19 and Caregiving** *Featured Speaker: Teresa Santos, Montefiore Hudson Valley Center of Excellence for Alzheimer's Disease, Yonkers, NY*
April 12	6 p.m.	**Approaching Memory Concerns: Tips to Partner with Your Family and Physician Across the Journey** and **Tips for Tough Conversations: Doctors Visits, Driving, Legal & Financial Concerns** *Featured Speaker: Sarah Harlock, DENT Integrative Center for Memory, Buffalo, NY*
April 20	Noon	**The Importance of an Accurate Diagnosis** and **10 Warning Signs of Alzheimer's** *Featured Speaker: Dr. David Hart, Albany Med Center of Excellence for Alzheimer's Disease, Albany, NY*
May 4	4 p.m.	**Behavior Management in Action: Creative Solutions for Common Challenges** and **Understanding and Responding to Dementia-Related Behaviors** *Featured Speaker: Debi Buzanowski-Stowell, Eddy Memory Care at Marjorie Doyle Rockwell Center, Cohoes, NY*
May 18	11:30 a.m.	**Medicaid Changes: What You Need to Know** and **Legal and Financial Planning** *Featured Speaker: Ron Fatoullah, Esq., Ron Fatoullah & Associates, Great Neck, NY*
June 15	4 p.m.	**Managing Caregiver Expectations and Relationships Across the Alzheimer's Journey** and **Effective Communication Strategies** *Featured Speaker: Dr. Carol Podgorski, Finger Lakes Center of Excellence for Alzheimer's Disease, Rochester, NY*
June 23	4 p.m.	**In it Together: Dementia, Caregiving and Faith Communities** and **Understanding Alzheimer's & Dementia** *Featured Speaker: Rev. Erwin Lee Trollinger, Calvary Baptist Church, White Plains, NY*

Going In-Depth

Join one or more of these upcoming special programs that takes an in-depth look at Alzheimer's disease, dementia and caregiving. All programs delivered via Zoom.

A Glimpse into the Life of a Younger Caregiver
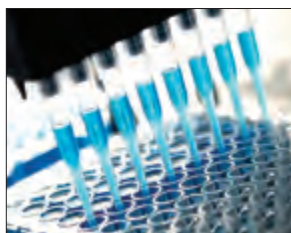
April 7, 5-7 p.m.
The National Alliance for Caregiving estimates that 1 in 4 caregivers are age 18 to 34. This symposium brings together younger caregivers for an evening of learning, sharing and networking. The program features discussions led by younger caregivers and experts in care to highlight the importance of community support and outreach, a presentation on healthy aging and how to create a plan for healthy aging.

COVID-19 and Caregiving: Finding Hope From What We've Learned

April 27, 6-8 p.m.
It's tough to look for silver linings in the COVID-19 pandemic, but our resilience and ingenuity during this crisis has opened new channels of thinking and practice when it comes to caring for people with Alzheimer's disease or other dementias. Join us for a brief overview of Alzheimer's disease followed by a discussion with local health experts and caregivers as we explore how what we've learned during the pandemic will influence caregivers for years to come.

Research Forum

May 11, 10 a.m.-2 p.m.

The field of dementia science is producing new discoveries every day, making it difficult to keep up with the news. A panel of experts, led by Dr. Rebecca Edelmayer, Alzheimer's Association Director, Scientific Engagement, will go behind the headlines to discuss recent findings in dementia research and what we can expect in the near future.

Healthy Living Conference

June 8, 10-12:30 p.m.

Science has shown that a healthy lifestyle can reduce your risk of developing Alzheimer's disease or other dementias. Learn how healthy diets, regular physical exercise and engaging your brain can contribute to reducing your risk. We'll also discuss the current state of research in this space and how you can get involved.

These programs are supported, in part, by a grant from the New York State Department of Health.

CALL 800.272.3900 OR CLICK ON THE PROGRAM TITLE TO REGISTER.

alzheimer's association®